

2026 GRIEF SUPPORT GROUPS

Cornerstone of Hope's support groups are open to all, regardless of ethnic, cultural and faith backgrounds and are led by professionally trained and experienced facilitators. In order to participate in a support group, you must complete an assessment and pay the \$75 fee.

Each meeting includes a light meal and refreshments. All groups are held at Cornerstone of Hope and are two hours in length (6:00 P.M. to 8:00 P.M.).

To schedule your assessment, please complete the interest form by scanning the code or call 216-524-4673 to speak with our Client Services Coordinator before these registration dates:



Winter 2026 Groups: December 12, 2025

Spring 2026 Groups: March 5, 2026

Summer 2026 Groups: May 21, 2026

Fall 2026 Groups: August 27, 2026

ADULT GRIEF SUPPORT GROUP

Tuesdays, January 6 - March 10
Tuesdays, March 24 - May 26
Tuesdays, June 9 - August 18
Tuesdays, September 15 - November 17

CHILD LOSS SUPPORT GROUP

Wednesdays, January 7 - March 11
Wednesdays, March 25 - May 27
Wednesdays, June 10 - August 19
Wednesdays, September 16 - November 18

COMPLICATED LOSS SUPPORT GROUP

Tuesdays, January 6 - March 10
Tuesdays, March 24 - May 26
Tuesdays, June 9 - August 18
Tuesdays, September 15 - November 17

GRANDPARENT GRIEF SUPPORT GROUP

Wednesdays, January 7 - March 11
Wednesdays, March 25 - May 27
Wednesdays, June 10 - August 19
Wednesdays, September 16 - November 18

MURDER LOSS SUPPORT GROUP

Thursdays, January 8 - March 12
Thursdays, March 26 - May 27
Thursdays, June 11 - August 20
Thursdays, September 17 - November 19

PERINATAL & INFANT LOSS SUPPORT GROUP

Tuesdays, January 6 - March 10
Tuesdays, March 24 - May 26
Tuesdays, June 9 - August 18
Tuesdays, September 15 - November 17

SPOUSE LOSS SUPPORT GROUP

Wednesdays, January 7 - March 11
Wednesdays, March 25 - May 27
Wednesdays, June 10 - August 19
Wednesdays, September 16 - November 18

SUBSTANCE-RELATED LOSS SUPPORT GROUP

Thursdays, January 8 - March 12
Thursdays, March 26 - May 27
Thursdays, June 11 - August 20
Thursdays, September 17 - November 19

SUICIDE LOSS SUPPORT GROUP

Thursdays, January 8 - March 12
Thursdays, March 26 - May 27
Thursdays, June 11 - August 20
Thursdays, September 17 - November 19

SUICIDE LOSS SUPPORT GROUP FOR PARENTS

Thursdays, January 8 - March 12
Thursdays, March 26 - May 27
Thursdays, June 11 - August 20
Thursdays, September 17 - November 19

YOUNG ADULT GRIEF SUPPORT GROUP

Tuesdays, January 6 - March 10
Tuesdays, March 24 - May 26
Tuesdays, June 9 - August 18
Tuesdays, September 15 - November 17

Please note: No groups will run the week of June 29 - July 3, 2026 due to the holiday.



**Cornerstone
of Hope**

CREATING A WORLD WHERE NO GRIEVING PERSON JOURNEYS ALONE.

5905 Brecksville Road, Independence, OH 44131 | 216-524-4673 | cornerstoneofhope.org

ADDITIONAL PROGRAMS FOR GRIEVERS

Survivors of Suicide Loss Group Support Network

Explore new roads to healing & growth. This group support network is for adults looking to learn more about suicide loss or for those grieving the loss of a loved one to suicide. Each session uses a survivor focused approach and features individual and group peer support, resources, information, and activities.

2nd & 4th Monday of Each Month | 6:00 P.M. - 7:30 P.M.



Free to attend, but please register by scanning the code or visiting cornerstoneofhope.org.

Peer Connections: Group Support Network for Widows and Widowers

The death of a spouse can leave a huge void in one's life. This group support network allows those who have lost a spouse or significant other to connect with others, offer advice, ask questions, and find hope and support.

Each session features individual and group peer support, networking, resources, and information.

3rd Monday of Each Month | 6:00 P.M. - 7:30 P.M.

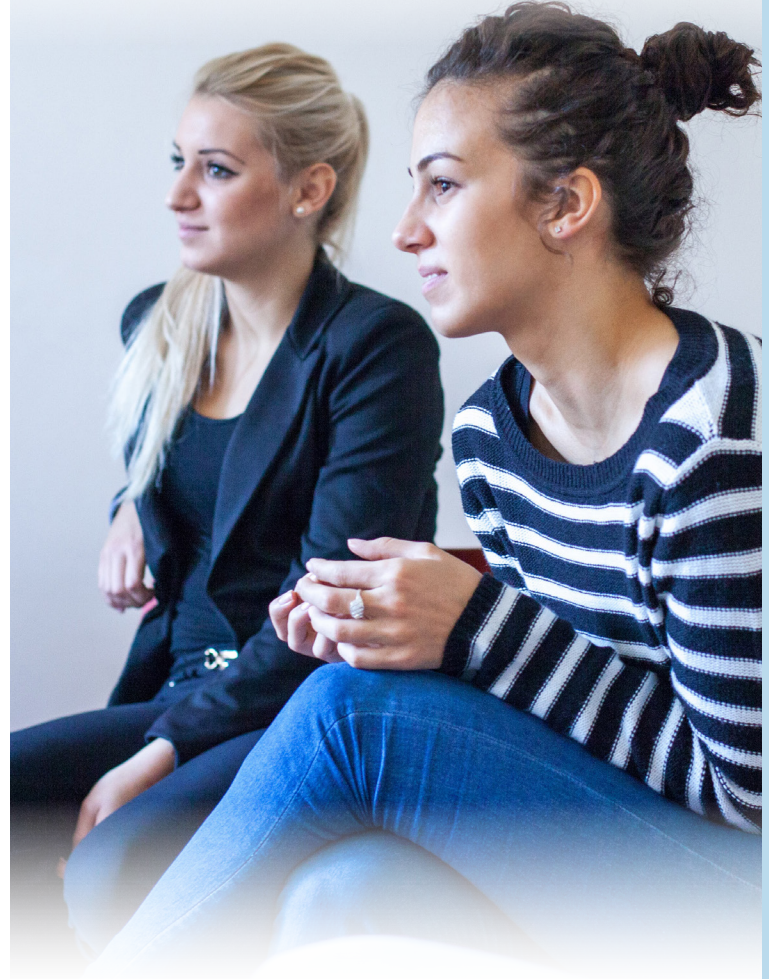


Free to attend, but please register by scanning the code or visiting cornerstoneofhope.org.

Mom's Club

This program is a monthly gathering for moms who have lost an infant, and want to connect with other moms in a similar situation. Please join us for a time of fellowship, tea, and encouragement.

3rd Saturday of Each Month | 9:00 A.M. - 11:00 A.M.



T.A.P.S. (Tragedy Assistance Program for Survivors)

TAPS is tragedy assistance for anyone who has lost a military loved one, regardless of the relationship or the circumstances of the death. Founded in 1994, TAPS is a front line resource to military families. We invite you to join us as we provide support, care and hope with fellow survivors in a spirit of friendship and understanding. You do not have to attend every month, only when you are able or feel that you need support.

1st Saturday of Each Month | 10:00 A.M. - 11:30 A.M.

To register or for questions, please contact Bob Derga at rderga@gmail.com or 330-224-1238.



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